






Senior Program March 2020 Activity Calendar at the City Wide Community Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Cribbage</u> 10 - 12</p> <p><u>Bridge</u> 10 - 12</p>	<p>3.</p> 	<p>4. <u>Indoor Walking</u> 9 - 11</p> <p><u>Zumba Gold</u> 11-11:45</p> <p><u>Mah Jongg</u> 1 - 4</p> <p>Out to Lunch 11:30</p> <p>Newick's Lobster House</p>	<p>5.</p>	<p>6.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Adult Coloring</u> 10 - 12</p> <p><u>Knitting</u> 10 - noon</p> <p><u>Scrabble</u> 10 - 12</p>
<p>9.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Cribbage</u> 10 - 12</p> <p><u>Bridge</u> 10 - 12</p>	<p>10.</p>	<p>11.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Zumba Gold</u> 11-11:45</p> <p><u>Lunch - Community Center</u> - 11:30</p> <p>Presentation - Squam Lake Science Center - 12:30</p> <p><u>Mah Jongg</u> 1 - 4</p>	<p>12.</p> 	<p>13.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Book Discussion</u> 11 - 12:30</p> <p><u>Scrabble</u> 10 - 12</p>
<p>16.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Cribbage</u> 10 - 12</p> <p><u>Bridge</u> 10 - 12</p>	<p>17.</p> 	<p>18.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Zumba Gold</u> 11-11:45</p> <p><u>Coffee Social</u> 11 - 12:30</p> <p><u>Mah Jongg</u> 1 - 4</p>	<p>19.</p>	<p>20.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Adult Coloring</u> 10 - 12</p> <p><u>Knitting</u> 10 - noon</p> <p><u>Scrabble</u> 10 - 12</p>
<p>23.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Cribbage</u> 10 - 12</p> <p><u>Bridge</u> 10 - 12</p>	<p>24 .</p>	<p>25.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Zumba Gold</u> 11-11:45</p> <p><u>Lunch - Community Center</u> - 11:30</p> <p><u>Mah Jongg</u> 1 - 4</p>	<p>26.</p>	<p>27.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Trivia</u> 11 - 12:30</p> <p><u>Scrabble</u> 10 - 12</p>
<p>30.</p> <p><u>Indoor Walking</u> 9 - 11</p> <p><u>Cribbage</u> 10 - 12</p> <p><u>Bridge</u> 10 - 12</p>	<p>31.</p>			

Senior Program March 2020 Activity Calendar at the City Wide Community Center

At a Glance.....

Adult Coloring Friday March 6 & 20, 10:00 – Noon

Book Discussion Friday, March 13, 11:00 – 12:30

Bridge/Cribbage Every Monday 10:00 – Noon

Coffee Social Wednesday, March 18, 11 – 12:30

Cribbage Every Monday from 10:00 – Noon

Indoor Walking Every Monday, Wednesday and Friday 9:00 – 11:00

Knitting Friday March 6 & 20, 10:00 – Noon

Lunch at the Community Center, Wednesday, March 11 & 25, 11:30

Mah Jongg Every Wednesday, 1:00 – 4:00

Out to Lunch Wednesday, March 4, 11:30

Presentation Squam Lake Science Center Wednesday March 11, 12:30

Trivia Friday, March 27, 11 – 12:30

Zumba Gold, Every Wednesday, 11:00 – 11:45

To learn about a Senior Passport to participate, contact Becky at 230-4982 or Rbukowski@ConcordNH.gov, or talk to a representative at the front desk.



Adult Coloring Enjoy a morning of casual coloring! Coloring books, colored pencils and gel pens are available, or bring your own!

Book Discussion Group We will discuss The Signature of All Things by Elizabeth Gilbert.

Bridge Looking for bridge partners? You are welcome to come to the community center for a game of bridge!

Coffee Social Enjoy a cup of coffee, snack and casual conversation.

Cribbage – Looking for a cribbage partner? Come to the City Wide Community Center Monday at 10:00.

Indoor Walking Walk in the indoor comfort of the community center.

Knitting Learn to knit or bring your project and knit with us. We have everything you need!

Lunch - Free for seniors 60+ with a suggested donation of \$2.

Prior sign-up is required.

Mah Jongg For experienced or new players (with some experience).

Out to Lunch – Newick’s Lobster House, 317 Loudon Road
Presentation – Squam Lake Science Center (see flyer for details)

Scrabble - Exercise your brain while having fun!

Trivia Exercise your brain while having fun!

Zumba Gold A fun low-intensity class (see flyer for details).