



Making Wellness Work

City of Concord Wellness Program

2016 Wellness Fair

Holiday Inn

172 North Main St—Downtown Concord NH

Tuesday, November 29

11:00am—3:00pm



This event is open to everyone. Stop in and see who your local area vendors are and what they have to offer. Learn how they can help you to achieve your health, wellness and fitness related goals.

HERE ARE JUST SOME OF THE VENDORS PARTICIPATING IN THE EVENT THIS YEAR:

- * Concord Hypnosis & Wellness Center
 - * National Sleep Therapy
 - * Title Boxing Club
 - * Brain Injury Association
- * Concord Fencing Club (as seen on NH Chronicle)
 - * Fresh Roots Nutrition
 - * Runners Alley
 - * Intuitive Touch Massage
- * Concord Equestrian Center
- * Evo Rock.....and many more

Sponsored by the City of Concord's Wellness Team