














Senior Program December 2021 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p>  <p><u>Indoor Walking 9 – 11</u> <u>Lunch pick-up 11 - Noon</u> <u>Mah Jongg 1-4</u></p>	<p>2</p>	<p>3</p>  <p><u>Indoor Walking 9 – 11</u> <u>Knitting 10 - Noon</u> <u>Adult Coloring 10 - Noon</u></p>
<p>6</p>  <p><u>Indoor Walking 9 – 11</u> <u>Cribbage 10 - 12</u></p>	<p>7</p> <p>December 15 lunch orders due to Becky.</p>	<p>8</p>  <p><u>Indoor Walking 9 – 11</u> <u>Coffee Social 11 – 12:30</u> <u>Mah Jongg 1-4</u></p>	<p>9</p> 	<p>10</p>  <p><u>Indoor Walking 9 – 11</u> <u>Trivia 11 – 12:30</u></p>
<p>13</p>  <p><u>Indoor Walking 9 – 11</u> <u>Cribbage 10 - 12</u></p>	<p>14</p>	<p>15</p>  <p><u>Indoor Walking 9 – 11</u> <u>Lunch pick-up 11 - Noon</u> <u>Mah Jongg 1-4</u></p>	<p>16</p>	<p>17</p>  <p><u>Indoor Walking 9 – 11</u> <u>Book Discussion 11:00 – 12:30</u></p>
<p>20</p>  <p><u>Indoor Walking 9 – 11</u> <u>Cribbage 10 - 12</u></p>	<p>21</p> 	<p>22</p>  <p><u>Indoor Walking 9 – 11</u> <u>Holiday Coffee Social 11 – 12:30</u> <u>Mah Jongg 1-4</u></p>	<p>23</p> 	<p>24</p> <p style="text-align: center;"><u>Christmas Eve</u> <u>Offices Closed</u></p>
<p>27</p>  <p><u>Indoor Walking 9 – 11</u> <u>Cribbage 10 - 12</u></p>	<p>28</p>	<p>29</p>  <p><u>Indoor Walking 9 – 11</u> <u>Mah Jongg 1-4</u></p>	<p>30</p>	<p>31</p> <p style="text-align: center;"><u>New Year's Eve</u> <u>Offices Closed</u></p> 

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Guidelines for participating in activities

- It is recommended that individuals wear a face covering (regardless of vaccination status) & practice social distancing of 6 feet whenever possible.
- Attendance at all senior activities requires a Senior Passport. Please be prepared to scan your Senior Passport when you enter the community center.

How to register for an activity:

Contact Becky at 230-4982 or email Becky at Rbukowski@ConcordNH.gov.



Adult Coloring, we have books, pens and pencils or bring your own!

Book Discussion Group The group will discuss Nomadland by Jessica Bruder. A kit is available with books to borrow. Contact the front desk at 225-8690 to schedule a time to borrow a book.

Coffee Social Enjoy a cup of coffee and casual conversation! It's a great way to connect with other seniors and learn what is happening in the community.

Cribbage – Looking for cribbage partners? Come to the community center Monday morning at 10:00 to play cribbage.

Knitting and needle crafts We will knit, chat and show each other our knitting/crochet or other craft projects.

Senior Take Out Meals – Meals must be ordered one week in advance. Contact Becky for details.

Indoor Walking Walk in the indoor comfort of the community center.

Mah Jongg for experienced or new players (with some experience).

Trivia- Fun and Prizes!

All activities will take place at the City Wide Community Center.