


## Senior Program December 2018 Activity Calendar at the City Wide Community Center

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <u>Senior Fitness 10 - 11</u> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u> <u>Indoor Walking 9-11</u> <u>Ping Pong 11</u>	<b>4</b>  Happy Holidays	<b>5</b> <u>Indoor Walking 9-11</u> <u>Lunch at the City Wide Community Center 11:30</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u>	<b>6</b>	<b>7</b> <u>Senior Fitness Class 9 - 10</u> <u>Book Discussion 11 - 12:30</u> <u>Indoor Walking 9-11</u>
<b>10</b> <u>Senior Fitness 10 - 11</u> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u> <u>Indoor Walking 9-11</u> <u>Ping Pong 11</u>	<b>11</b>	<b>12</b> <u>Indoor Walking 9-11</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u>	<b>13</b> 	<b>14</b> <u>Senior Fitness 9 - 10</u> <u>Indoor Walking 9-11</u> <u>Knitting 11 - 12:30</u> <u>Adult Coloring 10 - 12</u>
<b>17</b> <u>Cribbage 10 - 12</u> <u>Bridge 10 - 12</u> <u>Indoor Walking 9-11</u> <u>Ping Pong 11</u>	<b>18</b> 	<b>19</b> <u>Indoor Walking 9-11</u> <u>Coffee Social/Holiday Celebration 11:00 - 12:30</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u>	<b>20</b>	<b>21</b> <u>Indoor Walking 9-11</u> <u>Trivia 11 - 12:30</u>
<b>24</b> <u>Cribbage 10-12</u> <u>Bridge 10 - 12</u> <u>Indoor Walking 9-11</u> <u>Ping Pong 11</u>	<b>25</b>	<b>26</b> <u>Indoor Walking 9-11</u> <u>Mah Jongg 1 - 4</u> <u>Cribbage 1 - 4</u>	<b>27</b> 	<b>28</b> <u>Indoor Walking 9-11</u>
<b>31</b> <u>Cribbage 10-12</u> <u>Bridge 10 - 12</u> <u>Indoor Walking 9-11</u> <u>Ping Pong 11</u>				

Please note: the community center will be closing at 12:00 noon on December 24<sup>th</sup> and at 4:30 on December 31<sup>st</sup>.

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### Calendar at a Glance.....

Adult Coloring Friday December 14, 10:00 – Noon

Book Discussion Friday, December 7, 11:00 – 12:30

Bridge Every Monday, 10:00 - Noon

Coffee Social/Holiday Celebration Wednesday, December 19, 11:00 – 12:30

Cribbage Every Monday from 10:00 – Noon, every Wednesday from 1:00 – 4:00

Indoor Walking Every Monday, Wednesday and Friday 9:00 – 11:00

Knitting Friday, December 14, 10 – Noon

Mah Jongg Every Wednesday, 1:00 – 4:00

Ping Pong Every Monday, 11:00

Senior Fitness Class Every Monday, 10:00 – 11:00, Every Friday 9:00 – 10:00

Senior Lunch at the Community Center Wednesday, December 5, 11:30

Trivia Friday, December 21 11:00 – 12:30

For a Senior Passport to participate, contact Becky at 230-4982 or [Rbukowski@ConcordNH.gov](mailto:Rbukowski@ConcordNH.gov).



**Adult Coloring** Enjoy a morning of casual coloring! Coloring books, colored pencils and gel pens are available, or bring your own!

**Book Discussion Group** We will discuss The Invention of Wings by Sue Monk Kidd.

**Bridge** Looking for bridge partners? You are welcome to come to the community center for a game of bridge!

**Coffee Social/Holiday Celebration** Have a favorite holiday recipe? Bring it to the coffee social and we will all enjoy it with a cup of coffee, and friendly conversation!

**Cribbage** – Looking for a cribbage partner? Come to the City Wide Community Center Monday at 10:00 or Wednesday at 1:00!

**Knitting or Crochet** Learn to knit or bring your project and knit with us. We have everything you need!

**Indoor Walking** Walk in the indoor comfort of the community center.

**Mah Jongg** For experienced or new players (with some experience).

**Ping Pong** Enjoy some friendly competition and meet new ping pong partners! Sign up is encouraged but not required.

**Senior Fitness Class** Prior registration is required.

**Senior Lunch** - Free for seniors 60+ with a suggested donation of \$2. Seniors age 50 -59 the cost is \$6. **Sign-up is required.**

**Trivia** Exercise your brain while you have fun!

**Weather Cancellation Policy for Senior Activities**  
**When Concord Schools are delayed or cancelled due to weather, senior activities are cancelled on that day.**

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